

Pray Your Way Around the World!

There are 600+ cities of a million or more worldwide. They've been laid out here to look like a subway map. The colors of the subway lines represent different regions of the world church. The stops, or dots, on each line are the cities of a million or more within each region. Please pray for one city each day and check them off as you go!

REGIONS OF THE ADVENTIST CHURCH

East-Central Africa Division

Euro-Asia Division

Chinese Union Mission

Inter-European Division

Inter-American Division

Mid. East/N. Africa Union Mission

North American Division

Northern Asia-Pacific Division

South American Division

S. Africa-Indian Ocean Division

South Pacific Division

Southern Asia-Pacific Division

Southern Asia Division

Trans-European Division

West-Central Africa Division

LEGEND —

Cities with 1,000,000+

Cities with 10,000,000+

Cities with 20,000,000+

Cities with 30,000,000+

Cities with 40,000,000+ Outside 10/40 Window

Inside 10/40 Window

Prayer-focus Cities

The 10/40 Window is a rectangular area on a regular world map, from 10 degrees north latitude to 40 degrees north latitude, stretching across northern Africa, the Middle East, and Asia. This is the area where the greatest number of people remain unreached by the gospel. Let us especially pray for God's blessing on the cities and people of the 10/40 Window.

MissionToTheCities.org











Please share a story of you, your church or your school praying for the cities, and send a picture of you with your completed map! Contact us at missiontothecities@adventistmission.org

This map is based on data compiled by Thomas Brinkhoff (citypopulation.de) and other sources. The Brinkhoff list focuses on agglomerations, so smaller cities on the periphery of larger cities are absorbed into the total population of the larger cities, even in cases where the smaller city has a population of over one million. For this reason, Brinkhoff's data for CHUM's 117 agglomerations represent more than 300 cities of one million+ within that field. (Thomas Brinkhoff: Major Agglomerations of the World, http://www.citypopulation.de/en/world/agglomerations/. Accessed August 23, 2021) © 2022 General Conference of Seventh-day Adventists®

