There are 580+ cities of a million or more worldwide. They've been laid out here to look like a subway map. The subway lines of varying colors represent the regions of the world church. The stops, or dots, on each line are the cities of a million or more within each region. Please pray for one city each day and check them off as you go!

**Pray Your Way Around the World!**

This map is based on data compiled by Thomas Brinkhoff (citypopulation.de) and other sources. The Brinkhoff list focuses on agglomerations (city clusters) of 100,000 or more inhabitants. The map can be found at [https://www.citypopulation.de/world/Agglomerations.html](https://www.citypopulation.de/world/Agglomerations.html). Accessed Sept 2019.

**REGIONS OF THE ADVENTIST CHURCH**

- **ECD** East-Central Africa Division
- **ESD** Euro-Asia Division
- **GUM** Chinese Union Mission
- **EUD** Inter-European Division
- **IP** Inter-American Division
- **IF** Israel Field
- **AMZ** Middle East & N Africa Union Mission
- **NAD** North American Division
- **NSD** Northern Asia-Pacific Division
- **SID** South America Division
- **SAD** South Asia-Pacific Division
- **SBD** Southern Asia-Pacific Division
- **SSD** Southern Asia Division
- **TED** Trans-European Division
- **WAD** West-Central Africa Division

MissionToTheCities.org

Scan here to find ways to pray for the cities!
AdventistMission.org

Please share your story of you, your church or your school praying for the cities, and send a picture of you with your completed map!

Contact us at: missiontothecities@adventistmission.org