There are 580+ cities of a million or more worldwide. They’ve been laid out here to look like a subway map. The subway lines of varying colors represent the regions of the world church. The stops, or dots, on each line are the cities of a million or more within each region. Please pray for one city each day and check them off as you go!

Pray Your Way Around the World!

Please share your story of you, your church or your school praying for the cities, and send a picture of you with your completed map! Contact us at: missiontothecities@adventistmission.org

REGIONS OF THE ADVENTIST CHURCH

- East-Central Africa Division (ECD)
- Euro-Asia Division (ESD)
- Chinese Union Mission (CUM)
- Inter-European Division (IAD)
- Inter-American Division (IAD)
- Israel Field (IF)
- Middle East & N. Africa Union Mission (MENA)
- North American Division (NAD)
- Northern Asia-Pacific Division (NSD)
- South American Division (SAD)
- South Pacific Division (SPD)
- Southern Asia-Pacific Division (SSD)
- Southern Asia Division (SSD)
- Trans-European Division (TED)
- West-Central Africa Division (WAD)

LEGEND

- Cities with 1,000,000+
- Cities with 10,000,000+
- Cities with 20,000,000+
- Cities with 30,000,000+
- Cities with 40,000,000+
- Outside 10/40 Window
- Inside 10/40 Window
- Prayer-focus Cities

This map is based on data compiled by Thomas Brinkhoff (citypopulation.de) and other sources. The Brinkhoff list focuses on agglomerations, so smaller cities on the periphery of larger cities are absorbed into the total population of the larger cities, even in cases where the smaller city has a population of over one million. For this reason, Brinkhoff’s data for CHUM’s 117 agglomerations represent more than 300 cities of one million within that field. (Thomas Brinkhoff: Major Agglomerations of the World, https://www.citypopulation.de/world/Agglomerations.html. Accessed Sept 2019)