Pray Your Way Around the World!

There are 600+ cities of a million or more worldwide. They’ve been laid out here to look like a subway map. The subway lines of varying colors represent the regions of the world church. The stops, or dots, on each line are the cities of a million or more within each region. Please pray for one city each day and check them off as you go.

LEGEND

- Cities with 1,000,000+
- Cities with 10,000,000+
- Cities with 20,000,000+
- Cities with 30,000,000+
- Cities with 40,000,000+
- Outside 10/40 Window
- Inside 10/40 Window
- Prayer-focus Cities

MISSIONTOthECITIES.org

Scan here to find ways to pray for the cities!

Adventist Mission
AdventistMission.org

Please share your story of you, your church or your school praying for the cities, and send a picture of you with your completed map! Contact us at: missiontothecities@adventistmission.org

This map is based on data compiled by Thomas Brinkhoff (Major Agglomerations of the World) and other sources. The lines that demonstrate region boundaries are smaller cities of the city agglomerations. Some cities are alphabetized by the first part of the name of the city or country, while others are alphabetized by the second part. For the names, if there is a variation in the city name, the variation is shown in parentheses after the city name. For more information, please visit www.citypopulations.com. © 2021 General Conference of Seventh-day Adventists