There are 600+ cities of a million or more worldwide. They’ve been laid out here to look like a subway map. The subway lines of varying colors represent the regions of the world church. The stops, or dots, on each line are the cities of a million or more within each region. Please pray for one city each day and check them off as you go.

**LEGEND**
- Cities with 1,000,000+
- Cities with 10,000,000+
- Cities with 20,000,000+
- Cities with 30,000,000+
- Cities with 40,000,000+
- Outside 10/40 Window
- Inside 10/40 Window
- Prayer-focus Cities

**REGIONS OF THE ADVENTIST CHURCH**
- East-Central Africa Division
- East Asia Division
- Chinese Union Mission
- Inter-European Division
- Inter-American Division
- Israel Field
- Middle East & N. Africa Union Mission
- North American Division
- Northern Asia-Pacific Division
- South American Division
- Southern Africa-Indian Ocean Div.
- South Pacific Division
- Southern Asia-Pacific Division
- Southern Asia Division
- Trans-European Division
- West-Central Africa Division

**MissionToTheCities.org**

Scan here to find ways to pray for the cities!

**Adventist Mission**

AdventistMission.org

Please share your story of you, your church or your school praying for the cities, and send a picture of you with your completed map!

Contact us at: missiontothecities@adventistmission.org